

Contact me on Facebook Laktosefritt or lills@ther.oslo.no if this is relevant to your situation

KNORR/UNILEVER and Their Product AROMAT

The seasoning, Aromat, cause a lot of trouble for those of us who are lactose intolerant. The seasoning is used by cafes, restaurants, shops and private persons. When asked, they all assure me that their food is lactose free, without knowing that the seasoning used contains lactose.

When Knorr/Unilever is informed on this, the respond is that there has not been made any other complaints outside mine, on Aromat and lactose. We all know that most people wouldn't go to the extent of writing letters or e-mails to producers, even if they have knowledge. Instead they avoid the product as far as possible. Many are unaware and don't understand why they feel uneasy or ill after buying pre marinated meet, visiting a restaurant or a fiend.

It is however important to make complaints to producers and to make sure that we and others eat food that don't make us ill. This web page is established to help you with this.

Good News:

On the other hand, Knorr has now introduced three products which are seasonings without lactose: "Bag of Taste" flavoured with Paprika, Barbecue and Lemon and Herb. This is very good news, due to the fact that these products are used in the same way as Aromat; people who are unaware of the contents, add them as seasoning to various foods and dishes.